



ALIVE & LEAN HEALTHY SOUPS

Beef Vegetable

Nutrition Facts

Serving Size: 1 pouch (25g)
Servings Per Container: 7

	Amount Per Serving	% Daily Value†	
Calories	80 g		
Total Fat	0 g	0%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
Cholesterol	5 mg	2%	
Sodium	930 mg	39%	
Potassium	50 mg	1%	
Total Carbohydrate	6 g	2%	
Dietary Fiber	0 g	0%	
Sugars	0 g		
Protein	15 g	15%	
Vitamin A	2%	Vitamin C	2%
Calcium	15%	Iron	2%
Thiamin	4%	Riboflavin	2%
Niacin	2%	Folate	4%

† Percent Daily Values based on a 2,000 calorie diet.

†† Daily Values Not Established

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Ingredients: Sodium Caseinate, hydrolyzed gelatin, instant noodles (durum flour, whole egg powder, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), salt, dehydrated carrots, autolyzed yeast extract. Contains less than 2% of the following: caramel color, celery solids, dehydrated chives, flavor, fructose, leek extract, maltodextrin (wheat), onion powder, spices, sunflower oil, yeast extract.

Contains: Milk, Wheat, Egg.

*These products are manufactured in a facility that uses soy.

Chicken Noodle

Nutrition Facts

Serving Size: 1 pouch (25g)
Servings Per Container: 7

	Amount Per Serving	% Daily Value†	
Calories	90 g		
Total Fat	0 g	0%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
Cholesterol	5 mg	2%	
Sodium	860 mg	36%	
Potassium	45 mg	1%	
Total Carbohydrate	5 g	2%	
Dietary Fiber	0 g	0%	
Sugars	0 g		
Protein	15 g	14%	
Vitamin A	0%	Vitamin C	0%
Calcium	2%	Iron	2%
Thiamin	4%	Riboflavin	4%
Niacin	4%	Folate	4%

† Percent Daily Values based on a 2,000 calorie diet.

†† Daily Values Not Established

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

Ingredients: Sodium Caseinate, hydrolyzed gelatin, instant noodles (durum flour, whole egg powder, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), hydrolyzed corn gluten, yeast extract, salt, natural chicken flavor, onion powder, fructose. Contains less than 1% of the following: celery solids, wheat maltodextrin, partially hydrogenated cottonseed and soybean oil, spices (including turmeric), sunflower oil.

Contains: Milk, Wheat, Egg, Soybeans.

BodyAlive[®]
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Build Your Body! Build Your Life!