



ALIVE & LEAN PROTEIN SHAKES

Vanilla Shake

Nutrition Facts

Serving Size: 1 bottle (21g)
Servings Per Bottle: 1

	Amount Per Serving	% Daily Value†	
Calories	90 g		
Calories From Fat	20		
Total Fat	2 g	3%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
Cholesterol	5 mg	2%	
Sodium	180 mg	8%	
Potassium	70 mg	2%	
Total Carbohydrate	2 g	1%	
Dietary Fiber	0 g	0%	
Sugars	2 g		
Protein	15 g	30%	
Vitamin A	10%	Vitamin C	0%
Calcium	25%	Iron	0%

† Percent Daily Values based on a 2,000 calorie diet.
‡ Daily Values Not Established

Ingredients: Calcium caseinate, sunflower oil, milk protein concentrate, fructose. Contains less than 2% of the following: buttermilk solids, natural and artificial flavors, salt, oligofructose, dipotassium and disodium phosphates, sucralose, acesulfame-potassium, beta-carotene color, silicon dioxide.

Contains: milk.

Chocolate Shake

Nutrition Facts

Serving Size: 1 bottle (21g)
Servings Per Bottle: 1

	Amount Per Serving	% Daily Value†	
Calories	90 g		
Calories From Fat	20		
Total Fat	2 g	3%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
Cholesterol	5 mg	2%	
Sodium	190 mg	8%	
Potassium	170 mg	5%	
Total Carbohydrate	3 g	1%	
Dietary Fiber	1 g	4%	
Sugars	2 g		
Protein	15 g	30%	
Vitamin A	0%	Vitamin C	0%
Calcium	25%	Iron	2%

† Percent Daily Values based on a 2,000 calorie diet.
‡ Daily Values Not Established

Ingredients: Calcium caseinate, unsweetened cocoa powder processed with alkali, milk protein concentrate, sunflower oil, natural and artificial flavors, fructose. Contains less than 2% of the following: buttermilk solids, salt, oligofructose, dipotassium and disodium phosphates, sucralose, silicon dioxide, acesulfame-potassium, extract of chicory root.

Contains: milk.

Strawberry Shake

Nutrition Facts

Serving Size: 1 bottle (20g)
Servings Per Bottle: 1

	Amount Per Serving	% Daily Value†	
Calories	80 g		
Calories From Fat	20		
Total Fat	2 g	3%	
Saturated Fat	0 g	0%	
Trans Fat	0 g		
Cholesterol	5 mg	2%	
Sodium	180 mg	8%	
Potassium	60 mg	2%	
Total Carbohydrate	1 g	0%	
Dietary Fiber	0 g	0%	
Sugars	1 g		
Protein	15 g	30%	
Vitamin A	8%	Vitamin C	0%
Calcium	25%	Iron	0%

† Percent Daily Values based on a 2,000 calorie diet.
‡ Daily Values Not Established

Ingredients: Calcium caseinate, sunflower oil, buttermilk solids, fructose, milk protein isolate, salt, natural and artificial flavors, beet powder color, oligofructose, dipotassium and disodium phosphates, sucralose, silicon dioxide, beta-carotene color, acesulfame potassium

Contains: milk.

*These products are manufactured in a facility that uses egg, soy and wheat.

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